

CONQUER THE FLOOD
(Conquering Adversity and Challenges)
A Lord's Flock Worship Service Topic

By: Fr. Sedfrey Nebres, SVD
October 10, 2026

The story of Noah centered on the great flood (Genesis 9). Everyone can relate to flooding since this happens frequently every year. Marked by strong rains, flooding creates fear and anxiety posing a grave threat to families, properties, and the uncertainty of recovery. Similarly in our Christian journey, we drift away from God when we are flooded/consumed by sins. As a result, we find ourselves drowning in darkness. However, God's loving gesture to humanity is Jesus on the cross to save His people from drowning. As disciples of Jesus Christ, we can figuratively conquer our "floods" by freeing ourselves from metaphorical "garbage" and by professing and living our faith in words and actions.

1. What are the Causes of "Floods?"

- 1.1. GREED AND SELFISHNESS cause floods literally, like politicians who steal money for infrastructure that makes people's lives better. Similarly, when we are consumed by greed and selfishness, a figurative "flood" in a different form happens and drowns us and we get distanced from God.
- 1.2. Being INDIFFERENT to another person's problems, or hardship breaks relationships within families and communities. When we are flooded with indifference, we lose sight of being a Christian because we do not mind the sufferings of others, resulting in selfishness.
- 1.3. When we are flooded with a lot of "GARBAGE" in our hearts and minds (emotional baggage and pervasive thoughts), we are prevented from experiencing grace and from sharing this with others. Just like a cluttered cup filled with unnecessary stuff, our hearts, mind, or soul can be cluttered. When we are fully intoxicated and drowning with worldly things, we are separated from the heart of Christ. Thus, life becomes miserable and meaningless because God's grace cannot enter into our lives.

2. Results of "Floods"

- 2.1. When we are insensitive or selfish, we cause the SUFFERING OF OTHER PEOPLE. When we take advantage of people or rob them of resources, opportunities or even dignity, we cause them suffering. Moreover, when we cause the suffering of others, this is a direct ticket to hell because this is the exact

opposite of Jesus Christ who chose to suffer on the cross as a love offering for others.

- 2.2. Indifference causes ISOLATION first on our part, and next to the person that is subjected to the indifference. A parent who is not sensitive to a child's problem can make the child feel alone. Similarly, a friend who is not faithful also isolates the person involved.
- 2.3. Selfishness and indifference can cause inconvenience and unnecessary suffering.
- 3. **A person who is drowning in his/her flood cannot move forward in faith, hope, and love (1Cor.13:13).**
 - 3.1. A faith that is not accompanied by action is not a living faith at all (Jas. 2:26).
 - 3.2. A drowning person cannot bring Christ to others.
 - 3.3. Love as demonstrated by Christ is love that is driven by self-giving, but a person drowning in greed cannot give love.
- 4. **Noah and the story of the flood.** The story did not start with flood but with human greed and arrogance. Even before the waters arrived, the people were already dying because their hearts were drifting far away from God, and their souls were full of themselves that there was no room for God in their life and for love. Thus, while they were drowning in evil and greed, the great flood came. Even when humanity broke faith several times, God wanted to give them a chance through the ark that Noah built.
- 5. **The challenge for us is to "unflood, detoxify."**
 - 5.1. Let us claim Christ's invitation to freedom. The Lord invites us to have the freedom that allows us to soar high to be free. Our goal as true disciples is to excel in living out our value in our identity as Christians; we can freely express ourselves in words and actions because we know we are speaking and living in truth. Faith is not just professed but lived.
 - 5.2. FAITH, HOPE and LOVE are possible if we free ourselves from all the clutter that drowns us. Let us pray for the grace to be courageous in faith amidst the evils in the world.

CONCLUSION: Through our community, let us hold each other's hand to soar high and be free.

REFLECTION: Where are you drowning today? What is the garbage in your life that prevent/s you from moving forward to reach your full potential.

SCRIBES Ministry

Transcribed by: Jo Advincula

Edited by: Ma. Vera Tuplano

Tags: #Greed, #Indifference, #Faith, #Hope, #Love

<https://lordsflock.org/teachings/digests/>

<https://www.facebook.com/share/p/19NYspkTdF/>