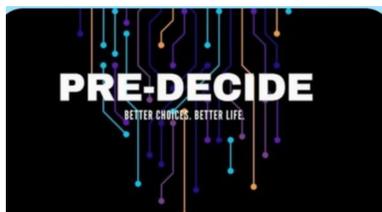


# Take Back Your Life

## (Pre-Decide Series: Part 1)

Sis. Mik Rodriguez-Flores  
July 19, 2025

In our daily life, we face the challenge to make decisions (both small and big), that are truly overwhelming. It is important that we should aim to make right, wise and Godly decisions, based on His divine will.



### 1. The Truth that We are not Good Decision Makers.

1.1. We are overwhelmed with making numerous choices in a day, resulting in decreased quality in our decisions. Since our willpower is limited, we are not as strong as we think.

1.2. There is fear in making wrong decisions, sometimes, resulting in an unwise “Bahala Na” mindset.

1.3. We let emotions rule over us. At times, hurting words are unintentionally uttered; hence, our decision-making process breaks down because wrong decisions and reactions are based on fleeting emotions.

### 2. The Quality of our Decision Affects the Quality of our Life.

2.1. Better decisions. A better life means the importance of **pre-decision**. Therefore, we need to pre-decide now (through God’s Word) and predetermine a certain future action (when faced with a particular situation) to avoid living a life of regret.

2.2. Honoring God should be the goal in every decision we make. We should pray and consult God through the Scriptures before making any important decision. For example, we should formulate a decision based on God-centered values and a hierarchy of priorities.

### 3. People in the Bible that Pre-Decided:

3.1. **Abraham** (even when asked to offer his son, Isaac, as a sacrifice) pre-decided that he would believe the Lord and His promise and follow Him. (Gen. 15:6).

3.2 Ruth pre-decided to follow Naomi and chose her God as her own God (Ruth: 1).

3.3 **Daniel** pre-decided to worship God even when placed in the lions’ den (Dan. 1:8).

3.4 **Joshua** pre-decided to worship and to serve God even when his own people refused to follow (Josh.24:15).

**4. Decisions are Premised on People and Things we Value the Most.** When our values are clear, we can easily decide. Consequently, we honor the value that God has put in our heart, glorifying God’s Word in the process.

### 5. Factors that Result in Unwise, Foolish Decisions:

- 5.1 Being inconsistent in making the right decision;
- 5.2 Being unprepared, or not being on guard against the spiritual enemy;
- 5.3 Being unintentional, instead of being proactive, prayerful, and intentional;
- 5.4 Being selfish in nature, not seeking advice;
- 5.5 Being short-sighted, limited in what we see and not seeing the future;
- 5.6 Giving up and walking away through difficult times;

**6. Move Forward and Take Back our Life.** Making Pre-Decisions and declaring these qualities ensures that we take back our life -

*I am ready!*                      *I am consistent!*  
*I am devoted!*                      *I am generous!*  
*I am faithful!*                      *I am a finisher!*

### Conclusion:

It is paramount that our decisions should be right and wise aligned to God’s divine will so that we can live a peaceful and purposeful life. Finally, our decisions must be premised on a hierarchy of priorities and based on God-centered values.

**Reflection:** Do you consult God when making important decisions?

#### Scribes Ministry:

Transcribed by: Lorelai J. Grutas

Edited by: Vera I. Tuplano

Tags: #Purpose #Decisions

<https://lordsflock.org/teachings/digests>

<https://www.facebook.com/share/v/1ZGT9P3LpQ/>