

## He Has Loved Us

A Lord's Flock Worship Service Topic

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As we celebrate the "Feast of Corpus Cristi" (the Solemnity of the Holy Body and Blood of Christ), we refer to the last encyclical of Pope Francis "Dilexit Nos" - "He has loved us." We experience the love of Jesus during the Holy Eucharist. Each of us is given a fragment of His human heart. His heart beats for us with an invitation to return to the heart of God- the core of our being.



### 1. The SACRED HEART of Jesus is the core of the body, soul and spirit.

- 1.1 The heart of God is steady, reliable, faithful, and it provides life-giving hope. If we fail to return to our core, we lose our inner principle, the unity, and harmony of our own life and our genuineness.
- 1.2 Our heart has the capacity to love and demonstrate concern for others. Our heart enables us to accept the friendship of God.
- 1.3 Jesus claims us as His own. He understands and guides us as we journey in our faith.
- 1.4 The pierced side of Jesus opened His heart for us to find our true home; heaven is the heart of the Father. Jesus brags about His Father's house where each of us has a place.
- 1.5 Our sins are washed away by the piercing of the side of Jesus where His blood flowed.
- 1.6 The open side of Jesus' heart hears our pleadings, our prayers. It is the spring where we are invited to drink, and to serve as a spring for others to draw water from.

1.7 In our woundedness, emptiness, dryness and thirst, we come to the Lord to ask the Lord to fill our vessel with the Water of Life.

### 2. The CROWN of Thorns symbolizes the suffering that Jesus endured for our salvation.

2.1 The way of the Cross signifies the reality of our suffering. Suffering in humility is the cost of discipleship. As He told His disciples, it is not easy; we need to be open to sacrifice.

### 3. The CROSS on top of the Heart of Jesus shows His salvific offering.

3.1 The priority of Jesus' heart is to do the will of the Father for the salvation of humanity.

3.2 What is on top of our hearts? Our priority controls us. Hopefully, God is on top; everything else is secondary but should always align with God.

### 4. The FLAMES around the Heart of Jesus signifies the burning love of God.

4.1 The heart of Jesus is continuously on fire. It is the consummation of the old and new law, and the fulfillment of laws and prophecies. Through this, all His teachings live on.

4.2 The passionate love of Jesus will never wither; it offers forgiveness. The fire contaminates our hearts to find healing.

4.3 His love wants to consume all the hurts and sins from us. But healing starts with our confession; we must expose our heart to Him to be touched by His divine healing.

### 5. The LIGHT surrounds the Heart of Jesus to proclaim the goodness of God.

The call to mission is to bring the light of Jesus. We have a duty to share our experience so that others can see that our life is shining after we surrendered our life to God. A life with a mission leads to a meaningful life.

**Conclusion:** The Body and Blood of Christ deserves due reverence and gratitude. Let us acknowledge the gift and character of the body and blood of Christ, the second person in the blessed trinity.

**Reflection:** Does Jesus' heart reside in your heart?

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