

It's Hard to Let Go

A Lord's Flock General Assembly Topic

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Today, we experience drastic changes in the way we live as we go through this season (the pandemic) in our lives. We are so used to a certain pace and a set of priorities that we have assumed to be true all our lives. That makes us find our old ways and thoughts very difficult to let go of when something new comes along.

Reading: (Exodus 14:5-7)

God spoke to Moses through a burning bush and told him to take the Israelites out of Egypt and bring them to the Promised Land. When Moses went to the pharaoh, the pharaoh did not want to let his people go. Everyone went through ten plagues before the pharaoh changed his mind, although he took all his mighty men to go and pursue the people of Israel. This shows us the relevance of mindset in the process of letting go. The enemy uses its best weapon on people carrying a great purpose. This tells us that when a lot comes against us, God has put a lot of great things in us.

We are now having a season of letting go (of what we know and of what we believe as normal), and we have to learn some lessons as we go through this.

What are the lessons that we need to learn in this season?

1. We need to learn to appreciate things.

- 1.1. Sometimes, God's only way to make us appreciate things is to take away some stuff from us. Many of us are going through some loss and lack of resources that make us appreciate things better than before.
- 1.2. God is resetting the baseline of what we consider as blessings. The scripture says let everything that has breath praise the Lord (Ps. 150:6), for the new baseline of blessings are the small things we have.
- 1.3. God teaches us to let go. We all want to take control and hold on to what we have, which urges our unwillingness to let go. However, we can only get to where God is leading us

when we let go and learn to be guided by the Holy Spirit.

2. We need to learn to unlearn.

- 2.1. We have to unlearn what's normal for us to do the 'new normal.'
 - St. Paul tells us to offer our bodies as a living sacrifice (Rm. 12:1). The old ways have to die for the new to come alive. We cannot receive the new beginning God gives us when our hands are so full of the old things that we do not want to let go.
 - Conformed is the way the world works while transformed is the way God works (Rm. 12:2). The world works affecting our inside with the things happening around us. The way God works transforms our minds to unlearn things of the past and embrace the new ones of today.
- 2.2 God disrupts the outside to strengthen our core, transform us, and to make us unlearn the old ways.

Even before this pandemic happened, the world was already sick and messed up. Truly, no one knows what is going to happen ahead of us. Nonetheless, we only need to forget the past and move forward, loosen our grip, and press towards the goal that God has set for us (Phil. 3:13). God brings us to different seasons in life; some are good, while some are bad and hard. Despite these, learning lessons every time is the most significant thing to prepare ourselves for the following season(s).

Reflection: What has God been teaching you in this season of your life? Are you willing to let go of your Egypt?

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