



# THE LORD'S FLOCK GROWTH DIGEST

## PASTORAL GROWTH SERIES

### The Blessing of the Blessing (Part 2)

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The source of blessings is God alone, in the person of the Holy Spirit.

#### What is the purpose and promise of God's blessings?

##### 1. "Be fruitful and multiply." (Gen. 1:28)

- This was God's blessing to Adam. He wanted them to be fruitful, multiply, and replenish the earth.

##### 2. Extend God's blessing (Gen. 12:1-3).

- God promised Abraham that He will bless him and his children's children.

#### How do we unleash the blessings?

Anyone of us can pronounce blessings for others. So, we can be the ones to unleash the blessings.

We can adapt the Word of God to bless others:

- Father to the son (Gen. 49:28)
- Brother to brother
- Sister to sister
- Grandparents to grandchildren (Gen. 48:8-9)
- Shepherd to the sheep (Deut. 33:1)
- Everyone to individuals and groups (Gen. 12:1-3)
- God to mankind (Gen. 5:2)
- Priests to others (Num. 6:23-27)

The practice is emphasized in the Old Testament as a custom and a rite. God uses our mouth to bless others for out of the same mouth proceeds blessings and curses (Jas. 3:10). We must be cautious because there is always power in our words.

#### Elements of a Blessing

##### 1. Meaningful Touch

- Kissing (Gen. 27:26)
- Embrace
- Hand on the head

##### 2. Holy Water

- Being used in deliverance, baptism

- Drives demons away
- In the Old Testament, they blessed all the vestments and furniture used in the service of God.

##### 3. Holy Oil

- Symbol of God's blessing
- Being used in anointing

##### 4. Spoken Message

- Since there are two powers coming from our tongue, death and life, we must be careful with what we say for the fruit of the one we love is the one we will eat (Prov. 18:21).
- We can always say blessings to others through our words. As instruments of God, we must be careful of what comes out of our mouth.
- It is important that we bless our children. There are children who never heard any words of endearment and appreciation from their parents. Without spoken words of blessing, they are left unsure of their personal worth and acceptance. Be positive and optimistic. Focus on their potential. Give them inspiration.
- We can use Bible passages to bless others and speak blessings to ourselves.
- Everyday, we have the opportunity to bless others and get blessings. For ex., The Lord promised to bless us when we obey. Many passages in the Bible contain God's promises of blessings for us (Deut. 26:16-19).
- There were many times that we missed the opportunities to get blessings from God because we did not claim His promises.

When we have problems, we must come out triumphant because the Lord said, blessed is the one who perseveres under trials and withstands tests. When we have trials, do not fret or be anxious, fight the good fight of faith, for when we succeed, we will not only have the ability to endure more, but the Lord said, we are blessed and ours is the crown of life (Jas. 1:12).

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