



# THE LORD'S FLOCK GROWTH DIGEST

## PASTORAL GROWTH SERIES

### The Saint Speaks

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The wisdom of the saints is nothing else but the wisdom of God uttered by the saints. A lot of gems of truth that come from the saints could enrich, inspire, and edify our lives.

#### St. Teresa of Calcutta's Words of Wisdom

##### 1. "The fruit of silence is prayer."

- We cannot pray properly from the heart if we do not have interior silence.
- While it is easy to attain physical silence by being silent and isolating ourselves in a quiet place, it is difficult to shut off the inner noises that we have.
- We must focus on silence to allow God to speak, nourish, guide, and mold us.
- The reason we cannot pray properly is because of the absence of interior silence.
- Without prayer, we cannot establish a meaningful relationship with God.
- Prayer keeps us alive in grace, faith, hope, and love.
- Prayer is power. Without it, we would not be able to endure the difficulty that goes with our service, which demands faithfulness and commitment.

##### 2. "The fruit of prayer is faith."

- As we continue to talk and listen to God in prayer, our faith is enhanced, strengthened, and is growing so much so that we can say everything is possible.
- Every time we seriously, personally, and lovingly make an act of prayer, God slowly but surely reveals Himself to us.
- It is when we pray that God reveals Himself to us in a very personal way and when that

happens, there is no way for our faith not to increase.

- If we want to grow in our faith, befriend silence and allocate a particular amount of time to talk to God everyday.
- Lack of prayer is the reason why people lose their faith in God.

##### 3. "The fruit of faith is love."

- True believers of God love despite knowing that there are sacrifices on the part of the one dispensing love. They continue loving for they are not after reciprocity but God's will, which is to love one another as He has loved us.
- There is no greater love than the love Jesus displayed when He chose to die for us sinners.
- If we do not strive to expand our love by increasing our faith, so much so that we love like Jesus, we will be stuck to loving conditionally.

##### 4. "The fruit of love is service."

- There is no way to love without serving.
- A person who truly loves, truly serves.
- In serving we are collaborating with God Himself.

##### 5. "The fruit of service is peace."

- One indicator that we are doing God's will is the presence of peace.
- In our effort to discern God's will, ask ourselves if we have peace. If the answer is yes, then we are doing His will.

Learn from the wisdom of God uttered by the saints. Be lovers of silence for, according to St. John of the Cross, God speaks in the silence of the heart. Be still and know that the Lord is God (Ps. 46:10).

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